



# STOP THE BLEED<sup>®</sup>

ACS AMERICAN COLLEGE  
OF SURGEONS



THE  
COMMITTEE  
ON TRAUMA

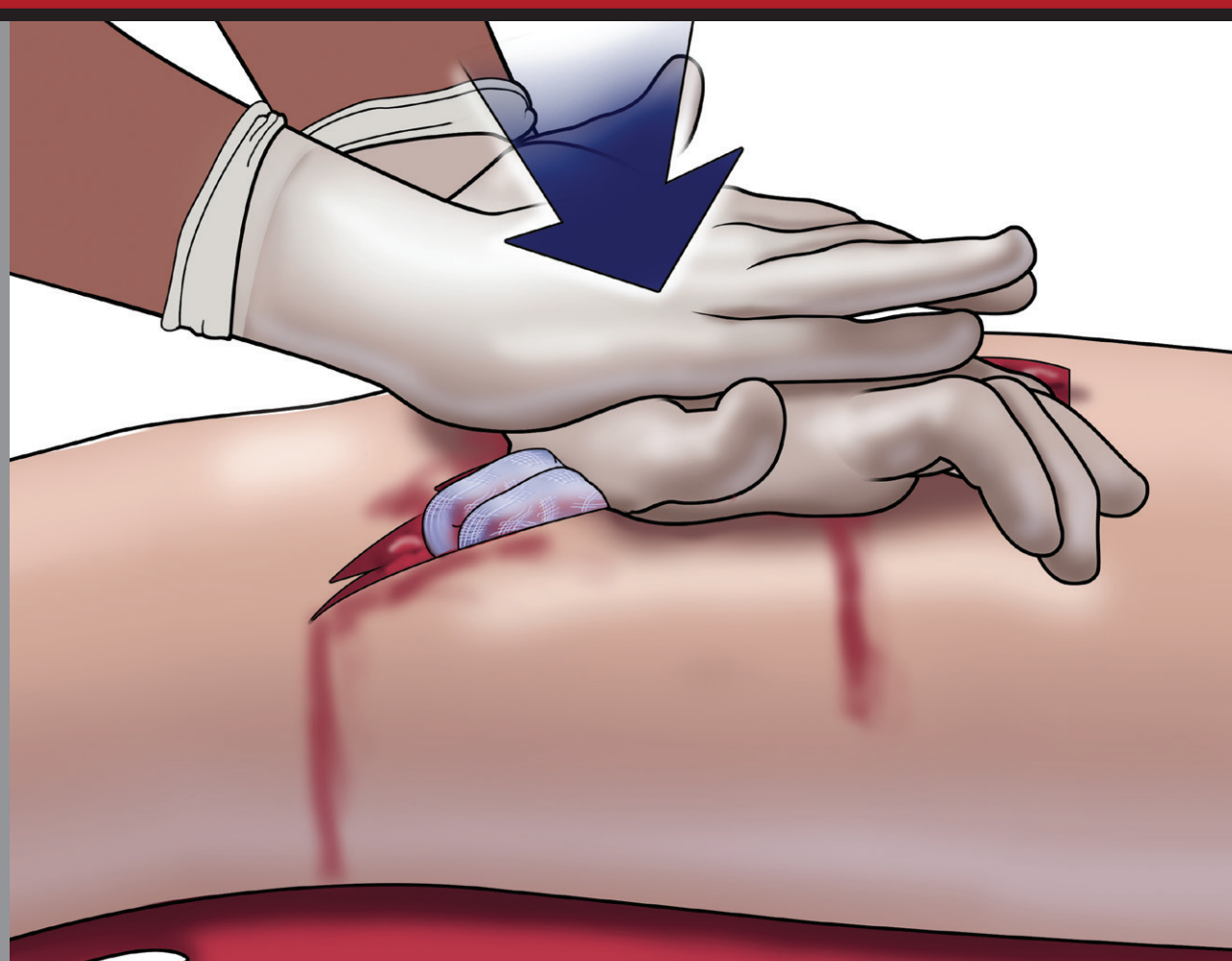
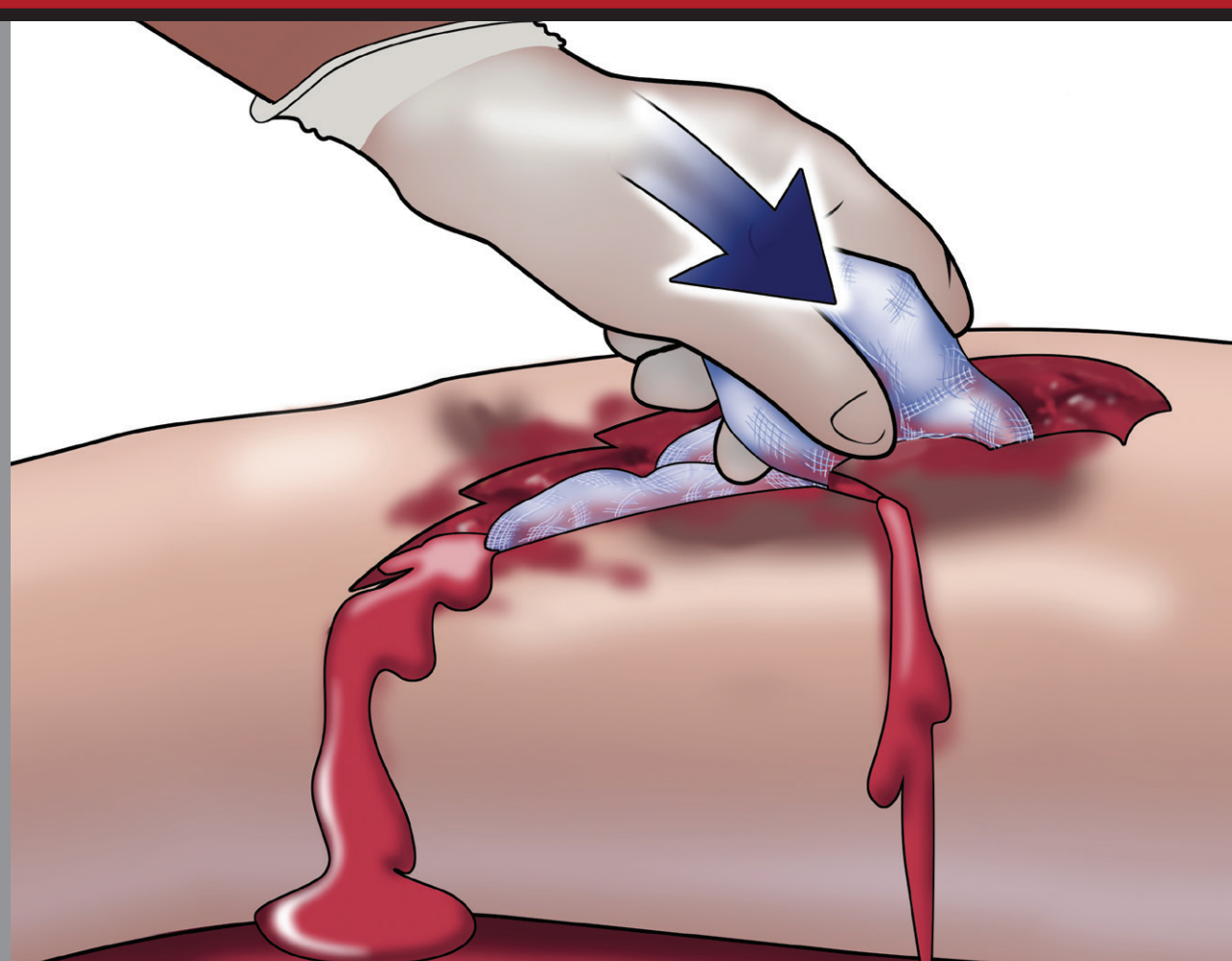
SAVE A LIFE

**STOPTHEBLEED.ORG**

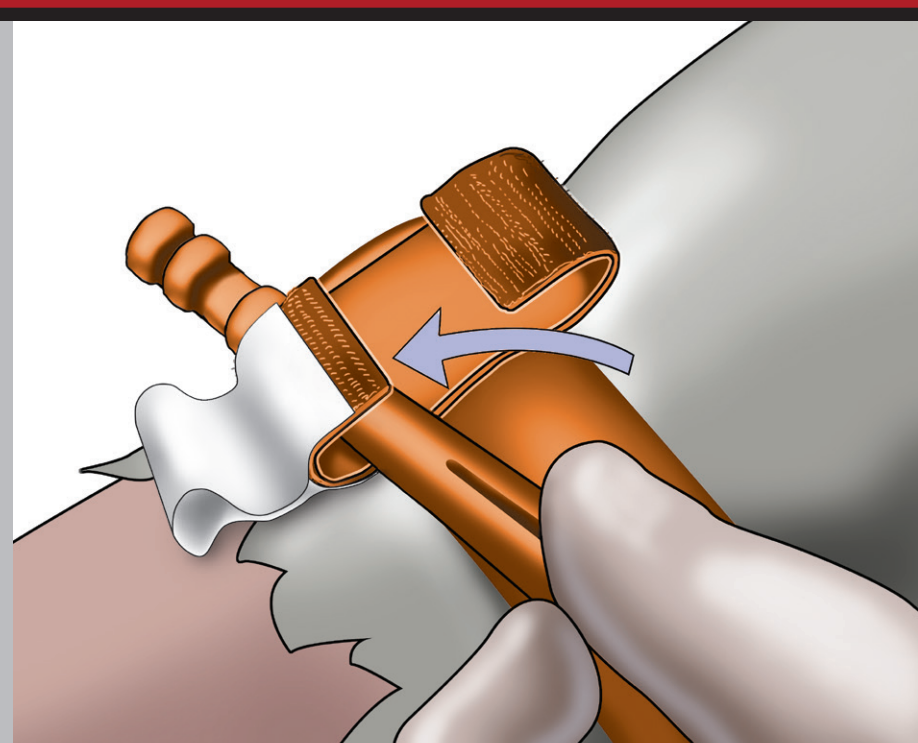
## 1 APPLY PRESSURE WITH HANDS



## 2 APPLY DRESSING AND PRESS



## 3 APPLY TOURNIQUET



WRAP

WIND

SECURE

TIME

# CALL 911